ET-1515 Back Wrap Instructions

1. Before putting on the Conductive Back Wrap, remove any residue on skin, cream, or ointment. Make sure that your skin is clean. Do not place the wrap on injured or inflamed areas of the skin, such as wounds, sores, rashes, or reddening.

2. Before use, apply iReliev® Conductive Gel. Or you may dampen the integrated silicone electrodes with water but use extreme caution to not oversaturate.

![Image of Conductive Back Wrap]

3. Position the Conductive Back Wrap so that the electrode pads are on the area of the body to be treated. If your lower back aches at waist level position the wrap so that the middle of the wrap sits approximately 1 to 2 inches below the waist. The wrap should fit very snugly around your body as follows:

![Image of Proper Positioning]

4. When the wrap has been placed in the correct position, bring the two ends of the neoprene straps together and fasten with the built-in hook and loop closure so that it is snug.

5. The wrap may be tightened or loosened as shown by adjusting the hook and loop closure.

![Image of Tightening Straps]

▲NOTE/CAUTION: Subjective perception of the electric current may alter with changing frequencies or pulse widths. Lower the intensity as soon as the application becomes unpleasant or the pleasant prickling sensation is not felt for a long period of time.

Please ensure that iReliev® Conductive Gel has been applied over the silicone pads to allow for optimal conductive impulse dispersion. If this step is not completed, impulse sensation may feel like a prickling sensation and may be uncomfortable.