

iReliev®

Conductive Back Wrap



Instruction & Operating Manual
Read Before Using

MODEL # ET-1616



CE 0120

IMPORTANT INFORMATION

iReliev® Conductive Back Wrap is particularly safe and user-friendly. When the Wrap is fastened and the electrode pads are in contact with the skin, the intensity of the iReliev® TENS device may be adjusted.

iReliev® Conductive Back Wrap

Accessory to iReliev® TENS Model # ET-1313 and TENS + EMS Model # ET-7070. Also serves as replacement for ET-9090 Back Pain Relief System.

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The iReliev® CONDUCTIVE BACK WRAP has been designed for people who suffer from muscular tension and pain in their back. It provides a natural, drug-free alternative that treats back pain the natural way with no side effects.

Your iReliev® CONDUCTIVE BACK WRAP is an accessory to your Transcutaneous Electrical Nerve Stimulation (TENS) or TENS + EMS device. It delivers electrotherapy treatment in the low frequency range. When using this method, electrical impulses are dispersed onto the skin using two or four electrodes.

This stimulates muscles, nerve fibers and acupuncture meridians in order to activate your body's own pain relief mechanisms.

Chronic pain can be treated with different methods such as medication, injections, surgical procedures or with alternative treatment methods such as acupuncture or TENS.

Electrotherapy treatment can block pain signals by interrupting the transmission of impulses through the skin by means of electrical impulses. As a result, the signal interpreted as "pain" is not transmitted to the brain and thus not felt or greatly reduced.

Furthermore, it will work with the body's own pain inhibitors as gentle electric currents from the device stimulates the release of endorphins that function as a pain reducer. The pain is therefore reduced or eased.

Electrical stimulation cannot remove the causes of pain or cure a disease, but it could help ease or block pain.

In order to achieve all the benefits from the iReliev® Conductive Back Wrap, carefully read the following safety information and warnings before use.

Safety Information

- Use this device only according to its intended purpose as specified in this instruction manual. The warranty will be invalidated if the device is used for other than its intended purpose.
- Do not use the device if it is not operating correctly, or if it has fallen into water or has been damaged.
- Do not attempt to repair the device yourself in the event of a malfunction; this will invalidate the warranty.
- Do not operate this device near high-frequency transmitters, such as microwaves, short wave transmitters or radio transmitters. This may impair the device's ability to function.
- **Do not turn on the device until the wrap has been secured on the body.**
- Do not use the device while taking a bath or a shower.
- Do not use this device while sleeping.
- Do not use this device while driving a car or another kind of vehicle or while operating machinery or heavy equipment.
- Protect the device from moisture. If liquid should get into the device, remove the battery immediately and discontinue use. Should this happen, contact iReliev® at 855-723-2582.
- Never use the device in rooms where aerosols (sprays) are being used.
- Do not use with any creams or lotions.
- Please use iReliev conductive gel included. Replacement gel may be purchased at your authorized iReliev® retailer or at iReliev.com.
- Do not use with a heating pad or any other electrical device.

Caution, the device should not be used by patients with:

- Pacemakers, defibrillators or extreme cardiac irregularities
- Metal implants or electronic auxiliary devices
- Diabetes or abnormally high blood pressure
- A tendency toward internal bleeding
- Pregnant women

Therapy with the iReliev® CONDUCTIVE BACK WRAP is a proven and natural way of fighting pain; however, it does not replace medical diagnosis or treatment. If you are not sure, consult your doctor before using this device.

- Consult your doctor always before use, if you suffer from epilepsy or certain disabilities.
- People whose sensitivity is disturbed or impaired should only apply this device under supervision of your physician.
- Do not use this device if suffering from menstrual pains.
- Do not use this device if your skin burns or is numb.
- Operation of this device should only be carried out under the careful supervision and instruction of a doctor or physical therapist.
- Do not treat parts of the body that are swollen, burned, inflamed, peeling skin, wounds or other sensitive areas.
- In case of doubt, consult a doctor or medical professional for instructions and guidance or contact iReliev for additional operating instruction.
- Keep out of reach of children.
- Treatment should be monitored if used on or near children or persons who are handicapped.
- If you feel pain or have an unpleasant feeling, stop use of this treatment and consult your doctor.

Package Contents

Before using this accessory, make sure that you have all components.

The iReliev® Conductive Back Wrap Includes:

1. 1 Conductive Back Wrap
2. 1 Conductive Back Wrap Extension
3. 2 Lead Wires
4. 1 Conductive Gel Tube
5. 1 Instruction/User Manual

The packaging can be reused or recycled. Please dispose of properly if no longer required. If you notice any damage from shipping, please contact ExcelHealth Inc. at 855-723-2582.



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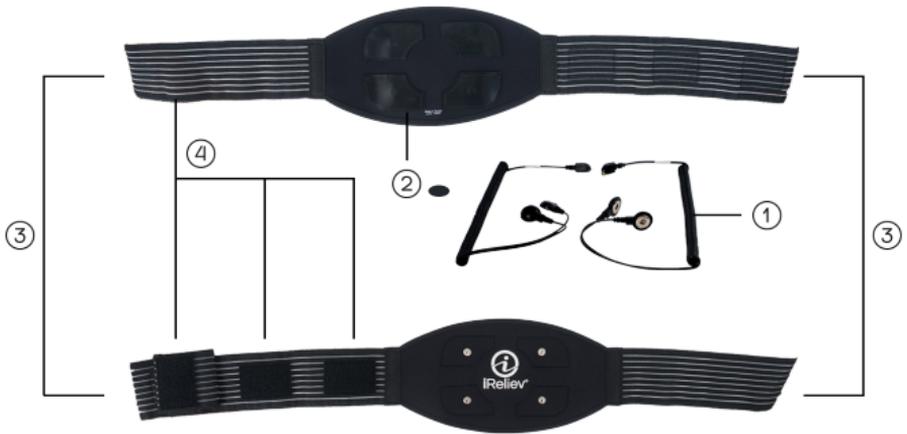
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Parts Diagram/Features



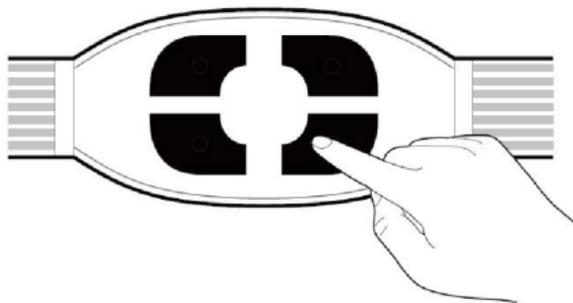
Description:

- 1) Lead Wire Cables (Coiled Type)
- 2) Conductive Silicone Pads
- 3) iReliev® Conductive Back Wrap
- 4) Hook and Loop Closure

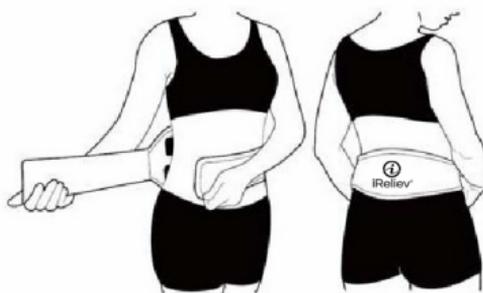
Putting on the iReliev® Conductive Back Wrap

1) Before putting on the Conductive Back Wrap, remove any residue on skin, cream or ointment. Make sure that your skin is clean. Do not place the wrap on injured or inflamed areas of the skin, such as wounds, sores, rashes or reddening.

2) Before use, apply iReliev® Conductive Gel. Or you may dampen the integrated silicone electrodes with water but use extreme caution to not oversaturate.



3) Position the Conductive Back Wrap so that the electrode pads are on the area of the body to be treated. If your lower back aches at waist level, position the wrap so that the middle of the wrap sits approximately 1 to 2 inches below the waist. The wrap should fit very snugly around your body as follows:



4) When the wrap has been placed in the correct position, bring the two ends of the neoprene straps together and fasten with the built-in hook and loop closure so that it is snug

5) The wrap may be tightened or loosened as shown by adjusting the hook and loop closure. (See diagram below)



▲NOTE/CAUTION: Subjective perception of the electric current may alter with changing frequencies or pulse widths. Lower the intensity as soon as the application becomes unpleasant or the pleasant prickling sensation is not felt for a long period of time.

Please ensure that iReliev® Conductive Gel has been applied over the silicone pads to allow for optimal conductive impulse dispersion. If this step is not completed, impulse sensation may feel like a prickling sensation and may be uncomfortable.

Troubleshooting

Always check the unit and accessories before use to prevent damage and defects; these are some of the simple checks:

1) Make sure the battery on the iReliev® TENS Device has sufficient charge and is not corroded.

2) Make sure the cables fit tightly into the connection sockets of the device. The table below shows some common defects. If you cannot remedy the defects as described, contact iReliev® at 855-723-2582.

PROBLEM	CAUSE	REMEDY
The device does not turn on.	No battery or battery life expired.	Replace batteries.
The device turns on and then off again.	Battery not inserted properly. Battery life expired.	Insert battery again. Replace battery. Contact ExcelHealth at 855-723-2582.
The unit does not turn on even though new batteries have been inserted.		Contact ExcelHealth at 855-723-2582.
The sensation is uncomfortable and feels like a "prickling" sensation.	Electrode pads are not moistened.	Apply iReliev® Conductive Gel for optimal dispersion of electrical current.
The device turns on, but does not generate electric pulses.	Lead wires not connected. Cable not connected properly or treatment time has expired. Wrap not securely fastened.	Reconnect lead wires to device & wrap. Connect cable properly and power on. Securely fasten wrap on body.

Care and Maintenance

Wrap:

- If the wrap has become damp during use, let it dry naturally before using again.
- Do not wash the wrap in water. Do not wash the wrap in the washing machine.
- Lay the wrap out flat or hang it up to dry naturally. Do not tumble dry. The wrap may be cleaned using a lightly dampened sponge.
- Do not use bleach when washing the wrap.
- Do not dry clean your wrap. Do not dry it over anything hot (e.g. a radiator) as it contains plastic parts. Ensure the wrap is completely dry before using it again. The wrap should never be ironed.
- Always detach the lead wires from snap and the unit from the lead wires. Do not pull on the lead wire cables but on the connectors attached to the ends of the cables.

Limited One (1) Year Warranty

This item is warranted to be free of defects in materials or workmanship for (1) year from the date of purchase, provided the product has been used under normal conditions of intended use. If this product is defective, warrantor will replace the product or refund the purchase price of the product at the place of purchase upon presentation of sales receipt and original UPC code from packaging. This warranty extends only to the original purchaser, and excludes any damage to the product resulting from accident, misuse, abuse, damage caused by operation in ways not recommended or authorized by these operating and safety instructions. This warranty is voided if the product is ever used in a commercial or business environment.

There are no warranties beyond this limited warranty. This limited warranty is your complete and exclusive legal means. Warrantor makes no other warranties, express or implied, including but not limited to any implied warranty of merchantability or of fitness for a particular purpose. Warrantor undertakes no responsibility for the quality of the product except as otherwise provided herein. Warrantor assumes no responsibility that the product will be fit for any particular purpose for which you may be buying this product. Warrantor expressly disclaims liability for any special, incidental, indirect, or consequential damages arising out of the purchase or use of this product.

The amount of Warrantor's liability under this warranty is limited to the amount of the original purchase price paid for the product by the original retail purchaser. If Warrantor cannot lawfully disclaim statutory or implied warranties, then all such warranties shall be limited in duration to the duration of this warranty and shall be limited to the amount of the original purchase price paid for the product by the original retail purchaser.

This warranty gives you specific legal rights; you may also have other rights that vary by jurisdiction. This warranty is valid only within the United States of America (USA) and Canada.

Model # ET-1616

Return to:

ExcelHealth Inc.

1603 Hart St.

Southlake, TX 76092

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www.iReliev.com

855-723-2582



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