Quick Start Guide

Step 1. Insert 3 AAA Batteries being careful to match up the symbols (+-)  
Step 2. Connect lead wire cables to respective channel.  
Step 3. Connect lead wire pins to 2 small or 1 XL pad per channel before applying to skin. Remove Pads from film.  
Step 4. Apply Pads: 1 XL or 2 small pads per channel as per placement diagram in manual.  
Step 6. Treatment Time: Press Mode, then ON/+ or OFF/- to select.  
Step 7. Select TENS or EMS: Press Mode. Press ON/+ or OFF/- to toggle.  
Step 8. Select Therapy Mode: Press Mode. Press ON/+ or OFF/- to select.  
Step 9. Select Intensity: Press CH1 or CH2. Press ON/+ or OFF/- to select.  

WARNING & PRECAUTIONS

DO NOT USE THIS SYSTEM IF YOU HAVE A CARDIAC PACEMAKER, IMPLANT DEFIBRILLATOR OR ANY OTHER IMPLANTED METALLIC OR ELECTRONIC DEVICE. DO NOT USE THIS DEVICE FOR UNDIAGNOSED PAIN SYMPTOMS UNTIL CONSULTING A PHYSICIAN. DO NOT USE IF PREGNANT OR IN LABOR. NOT SUITABLE FOR CHILDREN UNDER 16 YEARS OLD. PLEASE REFER TO MANUAL FOR ADDITIONAL WARNING AND PRECAUTIONS.

IMPORTANT: STEPS 1 THRU 4 SHOULD BE PERFORMED WITH THE DEVICE TURNED OFF. ONCE DEVICE IS TURNED ON, DO NOT REMOVE ELECTRODES WITHOUT TURNING OFF THE UNIT.

*This guide is not intended to replace or substitute the ET-7070 manual.  
**Please read the instruction manual completely before using this device. 
For more information, warranty registration and promotions visit us online at www.iReliev.com